



**KATRICE MCCULLOUGH**  
**AUTHOR | SPEAKER | REDEMPTION COACH**

# BIO

KATRICE MCCULLOUGH IS A LIFE COACH, MENTOR, LEADER, AUTHOR AND MOTIVATIONAL SPEAKER. SHE IS THE CEO OF KATRICE AND COMPANY, SHE IS THE FOUNDER OF WOMEN WITH VOICES AND ROAD TO REDEMPTION.

FOR KATRICE, LIFE SEEMED LIKE ONE MISTAKE AFTER ANOTHER. A LIFE TIME OF ABUSE AND DEPRESSION. SHE FINALLY HIT ROCK BOTTOM BECOMING A SINGLE MOTHER OF FOUR AND BEING HOMELESS. KATRICE MANAGE TO TURN HER LIFE AROUND FROM A SINGLE DROPOUT TO A CEO. IN SPITE OF DROPPING OUT OF HIGH SCHOOL KATRICE WENT BACK TO GET HER GED, OBTAINED HER CNA CERTIFICATING AND ENTERING NURSING SCHOOL TO OBTAIN HER LPN. KATRICE IS THE AUTHOR OF GATEWAY TO THE SOUL AND ROAD TO REDEMPTION 12|STEP DEVOTIONAL. KATRICE HAS BEEN MENTORING GIRL/WOMEN FROM ALL WALKS OF LIFE SINCE 2012.



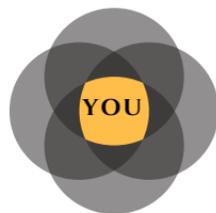
**COACH KATRICE  
AVAILABLE FOR  
CONSULTATION OR  
BOOKING BY PHONE OR  
THROUGH ANY OF YOUR  
DIGITAL DEVICES**

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ARE YOU TIRED OF ADVERSITY TAKING CONTROL OF YOUR LIFE? DO YOU FEEL LIKE GIVE UP AND THROWING IN THE TOWEL? ARE YOU READY TO LIVE A LIFE OF FREEDOM AND ALLOW YOUR VOICE TO BE HEARD? WHEN DEALING WITH ADVERSITY'S WE CAN FEEL ALONE, LOST, UNCERTAINTIES AND JUST LOSE ALL HOPE.

AS A LIFE COACH/ MENTOR I WILL PROVIDE THE TOOLS TO HELP YOU UNDERSTAND HARDSHIP, STRESS MANAGEMENT, AND ADAPTING THROUGH SELF-REPOSITIONING. MY COACHING SESSIONS WILL PRODUCE THE LIFE YOU DESIRE TO LIVE BY CREATING TECHNIQUES TO REDISCOVER YOURSELF, GAIN RESILIENCE (TURNING SETBACKS INTO SUCCESSFUL COMEBACK), ASSIST WITH TAPPING INTO THE INNER VOICE BY IGNITING CONFIDENCE IN WOMEN.

- **IMPROVE AND MANGE A HEALTHY LIFESTYLE**
- **ACCELERATE PERSONAL GROWTH**
- **RESOLVE RELATIONSHIP ISSUES**
- **CREATE A VISIBLE PLAN OF ACTION**



**SOME OF THE TOOLS YOU  
RECEIVE BY WORKING  
WITH COACH KATRICE  
INCLUDE :**

**WORKBOOK  
DEVOTIONAL & JOURNAL  
ASSESSMENT REVIEW  
ACTION PLAN  
INITIATIVES**

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# TESTIMONIALS

"KATRICE HAS INSPIRED ME IN MANY WAYS I WILL SUM IT UP IN THREE WORDS POSITIVE, STRONG, AND ENCOURAGING. KATRICE BELIEVED IN ME. SHE PROVIDED A PLACE FOR ME AND MY FOUR KIDS TO LIVE WHEN I DIDN'T HAVE ANYONE ELSE AND NOWHERE TO GO. SHE WAS THERE FOR ME THROUGH THE GOOD OR BAD, AND SHE NEVER JUDGED ME, SHE JUST ALWAYS HAD MY BACK. SHE LEAD ME TO AND HELP ME GET CLOSER TO GOD THROUGH HER LIFE AND BEING TRANSPARENT. I WILL ALWAYS BE GRATEFUL FOR THAT. SHE IS THE TYPE OF WOMAN THAT MAKE SACRIFICES FOR ANYONE I COULD GO ON AND ON ABOUT THE STRONG PHENOMENAL WOMAN SHE IS. I LOVE HER WITH ALL MY HEART AND I JUST THANK GOD FOR BRINGING HER IN MY LIFE. BECAUSE OF HER I HAVE BECOME A BETTER WOMEN, A BETTER MOTHER, AND AN ALL-AROUND BETTER PERSON. SHE TAUGHT ME HOW TO LOVE MYSELF AGAIN"....**DAYZHARA MITCHELL**

AS I BRAINSTORM ABOUT KATRICE, THERE ARE SEVERAL STRONG ATTRIBUTES THAT COME TO MY MIND; LOYAL, A GREAT WOMAN OF INTEGRITY, AND IMMENSE DEDICATION. ONE MAJOR ELEMENT I'VE LEARNED ABOUT HER IS TO NOT ONLY DREAM, BUT TO CHASE AFTER YOUR DREAMS REGARDLESS OF YOUR AGE. BECAUSE OF THIS, IT TAUGHT ME TO ASK, AND GET READY TO RECEIVE. THANKS KATRICE!.....

**NICOLE RHINEHEART**

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